

Name Cards Activity

Objective: Group affirmation

Group Size: 10 or less

Materials: Index cards with all staff member's name on them (one for each participant)

Instructions: This exercise should be done with a group that has worked together for a while as a way of affirming each member's contributions. The facilitator will instruct each of the participants to sit in a circle so that each participant can see each other. The facilitator will then pass out index cards with each staff member's name on it to all the participants. The facilitator will then read a statement (below) and the participants will hold up an index card with a staff member's name on it that applies the most to that particular statement. Allow some time for everyone to look around and see which names were picked and then continue to the next statement. At the end of the activity, ask if the staff members have any additional statements to share and then proceed to the processing questions.

Processing Questions:

1. How did this activity make you feel?
2. How important is it to affirm the contributions of group members?
3. How did you feel when someone picked your name?
4. At the beginning of this exercise you felt _____, now you feel ____?
5. What are some other ways to affirm each other?

I have shared one of my best moments with this person.
(Examples?)

This person has helped me overcome an obstacle.
(Examples?)

This person has really surprised me this year.

This person is the pro-staff glue.

This person makes me smile.

This person helped me through a difficult time.

I laugh a lot with this person.

This person sexually harasses me (but not in the legal sense).

This person challenges me in a professional way.
(Examples?)

This person challenges me in a personal way.

This person always gets stuff done.

This person does a lot behind the scenes.

This person is a role model to me.

This person is a great listener.

This person is a great leader.

This person is most like a kitten.

Despite the fact that this person drives me insane, I still love them.

This person is a problem solver.

I admire how this person has handled a difficult staff situation. (Examples?)

I admire how this person has handled a difficult resident situation. (Examples?)

This person looks good in pink.

This person keeps me on track.

I have appreciated this person's honesty.

This person is not afraid to say it how it is.

This person fascinates me.

This person would sacrifice for me.

This person is a champion for diversity.

This person has challenged me to be a better person.

This person has been a pleasant surprise to me.

This person is a great listener.

This person is a protector.

This person helps me when I need a lift.

This person/people would be great to take a road trip with.

I'd like to see this person speak up more often.

I could cry with this person.

This person loves competition.

This person is creative.

I often seek out this person for advice.

I enjoy this person's humor.

I know I could share a secret with this person.

This person is interesting to me.

This person makes me feel good about myself.

This person is humble.

This person reminds me of a child sometimes.

I am really enjoying getting to know this person.

This person is brilliant.

I would trade clothes with this person.

I would have roommate conflicts with this person.

This person secretly has a dirty mind.

This person has brought creativity to our staff.

I hope to work more closely with this person this semester.

This person has brought consistency to our staff.

This person often does not realize how good they are at their job.

I know I can depend on this person to get the job done.

This person is a whole lot of fun.

This person knows the best You Tube videos.

I think I annoy this person... and I'm sorry.

I am thankful that I am getting to know this person better this year.

I am excited to see how this person steps up to take a bigger leadership role this semester.

This person helped me at just the right time.

This person cares about those around them.

This person has no feelings.

This person makes me feel valued in the department.

This person keeps us running.

This person had guided my development this year.

This person is a treasure trove of knowledge.

I have appreciated being able to trust this person.

When this person speaks, I am sure to listen.

This person is a strong advocate for social justice related issues.

This person is professionally driven.

This person showed tremendous growth last semester.
(Examples?)

This person always seems to know who to call.

This person always makes time to help others.

This person can keep their cool under fire. (Examples?)

This person is an excellent mentor to students.

This person is an excellent mentor to staff.

This person does not get recognized enough for their efforts.

I have enjoyed being on a committee with this person.