



ON THE HOUSE

Luminstruct Monthly Newsletter

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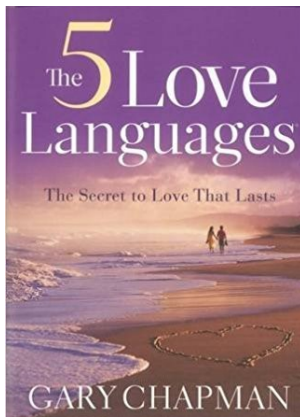
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Door Décor DIY Upgrade!

As we move into the new year, one of the updates you might have noticed was the new setup of the Door Décor DIY section. Instead of a picture tutorial, we have now brought the section onto YouTube with a video series showing the step by step instructions, supplies needed, targeted audience, and other examples found online! With the original ideas of Luminstruct being based off of a YouTube web series, it was a very exciting moment to see these thoughts become a reality! Keep an eye on the series over the next few months as it continues to grow and evolve with time!

The 5 Love Languages

February is the month for love and what better way to celebrate Valentine's day than to understand love and appreciation on a deeper level. Chapman is a marriage counselor who discusses how different people display love in different ways. Just like speaking a foreign language, if love is displayed in a way which is not a "primary language", there may be miscommunication between significant others. Chapman breaks down love into five languages: quality time, words of affirmation, gifts, physical touch, and acts of service. He then explains how every person has their ideal love language and how each language has its own unique dialect. If this concept is understood, your partner can be filled with love and appreciation. Although the book is primarily targeted toward married couples, this concept can be applied in our every day lives when working with students, peers, family and friends (we even adapted the test toward res life in the "5 Advising Languages" found in our Diversity team builder activity page). Chapman also has a free love languages test on his site: www.5lovelanguages.com/. The concept is easy to follow and can help you create stronger relationships. With this being said, we would not recommend buying the book. The majority of the tools are available online for free and the book became very repetitive. The book was not bad, it just didn't deliver any new material.

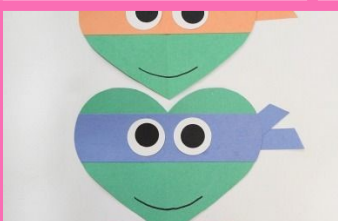


Lead On! Brandon Brown

We are very excited to announce this month's Lead On! Leader, Brandon Brown! Brandon is a Res Life Coordinator in Alabama . Find his story in our Lead On! Section



Door Decor DIY



Coming Soon

Keep an eye out for other great content submitted to our site over the next month! Planned uploads include a new door décor DIY, Book Club, Lead On! Leader, spotlighting some awesome work from our viewers, and increasing the amount of content we deliver to you! Stay tuned!

Contact Us:

Interested in joining the conversation? Email us at mdjestel@gmail.com or fill out our "Contact Us" form on our website and we will get back to you at our earliest convenience. If you wish to *unsubscribe* there is a link on our contact page.